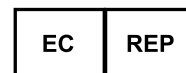
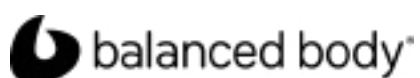


Assembly of The Balanced Body® Clinical Reformer®

THIS IS A MEDICAL DEVICE



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17285 | 2021-06

STATEMENT OF INTENDED USE

The Clinical Reformer® device is intended by the manufacturer to be used by people for the purposes of physiotherapy, rehabilitation, the prevention, treatment and relief of injuries, supportive, functional therapy for a disability or for general strengthening and improving the mobility of the human body. Should injury occur during usage please report to the manufacturer and competent authority of the Member State in which the user and/or patient is established.

DÉCLARATION SPÉCIFIANT L'USAGE PRÉVU

L'appareil Clinical Reformer® a été conçu pour être utilisé à des fins de physiothérapie, de réhabilitation, de prévention, de traitement et de soulagement des blessures, de thérapie fonctionnelle et de soutien dans le cadre d'un handicap, ou de renforcement global et d'amélioration de la mobilité du corps humain. Si une blessure se produit au cours de l'utilisation, signaler au fabricant et à l'autorité compétente de l'État membre dans lequel l'utilisateur et / ou le patient est établi.

DICHIARAZIONE DI DESTINAZIONE D'USO

Il dispositivo Clinical Reformer® è destinato dal produttore a essere utilizzato dalle persone per scopi di fisioterapia, di riabilitazione, di prevenzione, trattamento e sollievo da infortuni, di terapia di sostegno e funzionale per una disabilità o di rinforzo e miglioramento generali della mobilità del corpo umano. In caso di infortuni durante l'utilizzo, Rapporto al produttore e all'autorità competente dello Stato membro in cui è stabilito l'utilizzatore e / o il paziente.

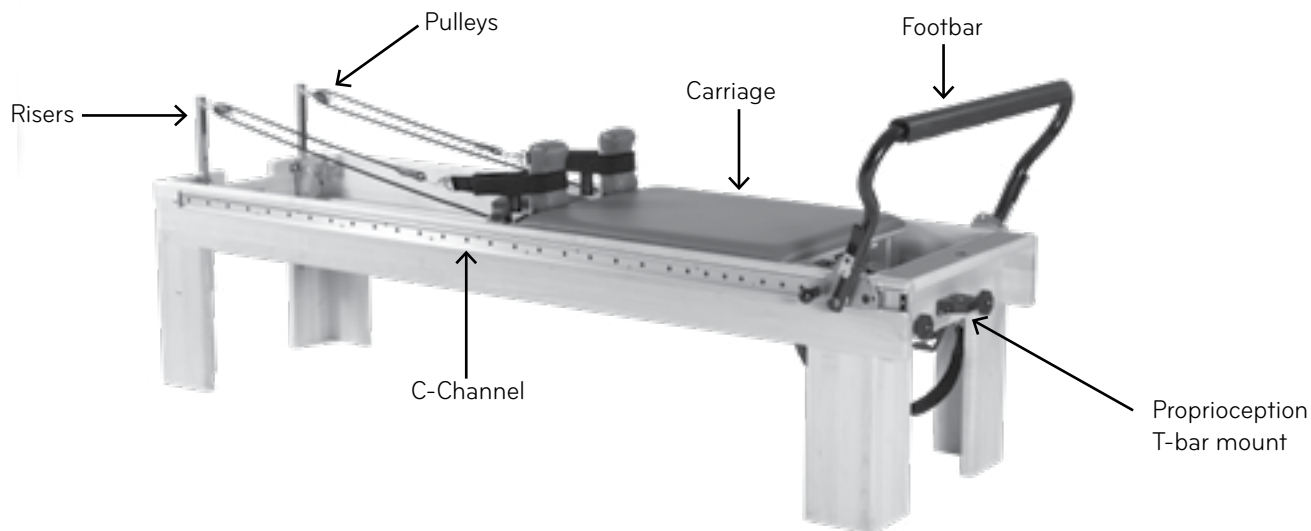
DECLARACIÓN DE USO PREVISTO

El dispositivo Clinical Reformer® está diseñado con fines de fisioterapia, rehabilitación, prevención, tratamiento y alivio de lesiones, terapia de apoyo y funcional para una discapacidad o para el fortalecimiento general y la mejora de la movilidad del cuerpo humano. En caso de que se produzcan lesiones durante su uso, Reporte al fabricante y a la autoridad competente del Estado miembro en el que está establecido el usuario y / o paciente.

ANGABE DER BESTIMMUNGSGEMÄSSEN VERWENDUNG

Das Gerät Clinical Reformer® wurde vom Hersteller für die Verwendung durch Personen zu Zwecken der Physiotherapie, der Rehabilitation, der Vorbeugung, Behandlung und Linderung von Verletzungen, der unterstützenden, funktionellen Therapie bei einer Behinderung oder zur allgemeinen Stärkung und Verbesserung der Mobilität des menschlichen Körpers vorgesehen. Sollten bei der Anwendung Verletzungen auftreten, bericht und der zuständigen Behörde des Mitgliedstaats gemeldet, in dem der Benutzer und / oder Patient ansässig ist.

How to Assemble your Clinical Reformer



PARTS LIST (INCLUDED):

DESCRIPTION	Part Number	Qty.
Ankle Velcro (pair)	101-001	1
Padded Double Loops (pair)	101-009	1
Neoprene Handles (pair)	101-016	1
Thigh Velcro (pair)	101-020	1
Carriage Extension Stopper	200-211	1
Adjustable Ropes w/snaps (pair)	210-026	1
Padded Footstrap	210-031	1
Risers w/pulley	950-184	2
Infinity Foot Plate	707-187	1
Sitting Box	721-002	1
Shoulder Rest Kit, TwistLock	950-251	1
TwistLock Post	616-400	2

DESCRIPTION	Part Number	Qty.
Spring, Reformer, Red	SPR9070	3
Spring, Reformer, Blue	SPR9071	1
Spring, Reformer, Yellow	SPR9241	1
Spring, Reformer, Green	SPR9293	1
Infinity Footbar	950-189	1
Infinity Trunion, Right (installed)	950-112	1
Infinity Trunion, Left (installed)	950-113	1
Plunger lock out knob (installed)	GEN8000	2
Wood Screw	GEN9073	2
Footbar Stopper	REF0702	2
Standing Platform Extender	17873	1
Standing Platform Extender Pad	17878	1

TOOLS NEEDED (NOT INCLUDED):

Phillips Screwdriver

IN CASE OF FREIGHT DAMAGE If there is freight damage, make certain you keep all packaging material. You must call Balanced Body within 3 business days.

ATTACH THE FOOTBAR

This can be done by one person, but it is easier and safer to have a person hold each side.

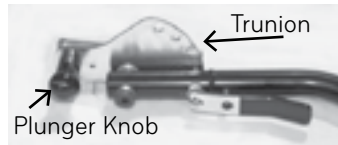


Figure A



Figure B

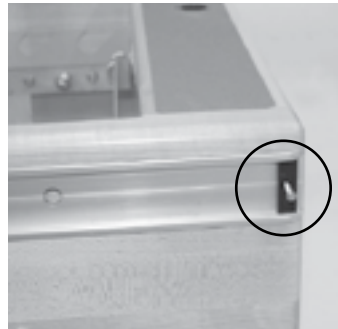


Figure C

1. Pull the plunger knob straight out so that the recessed cross-pin comes out of the slots. Then turn the knobs so that they are locked with the retracted pin.
2. Slide the trunion into the aluminum C-channels that run down both sides of the Reformer frame. (Figure A and B)
3. Twist the plunger knob until it locks into the desired position.
4. Attach the black stops to the end of the channels with the provided wood screws. (Figure C)

INSTALL THE CARRIAGE

Turn the carriage over and clean all the wheels of shipping dust, etc. Clean the full length of the rail surfaces inside the frame. Carefully place the carriage into the frame with the headrest facing away from the footbar.

INSTALL THE SHOULDER RESTS

Note the two protruding studs on the bottom of the shoulder rests. Lower the shoulder rest studs into the key holes and slide shoulder rests away from the carriage pad. See Figure D. Note: The shoulder rests can be installed in two positions. One position is wider and more comfortable for broad shoulders. Swap the left and right shoulder rests to change between standard and wide configurations.

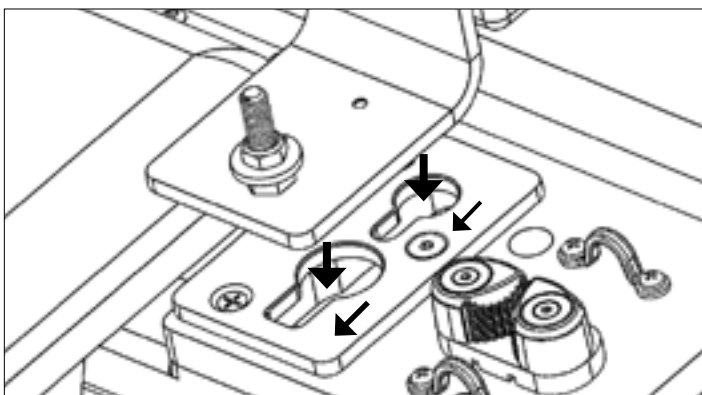


Figure D

INSTALL THE LOCKING SHOULDER POSTS

Screw the locking shoulder posts onto the exposed bolt on each shoulder rest. Turn the posts clockwise to tighten them and lock the shoulder rests into position. See Figure E. Over tightening the posts will make them difficult to remove. They should be snug but not too tight. To remove the shoulder rests, turn the post counter-clockwise 1-2 turns and gently slide the shoulder rests towards the carriage, then lift them up and out.

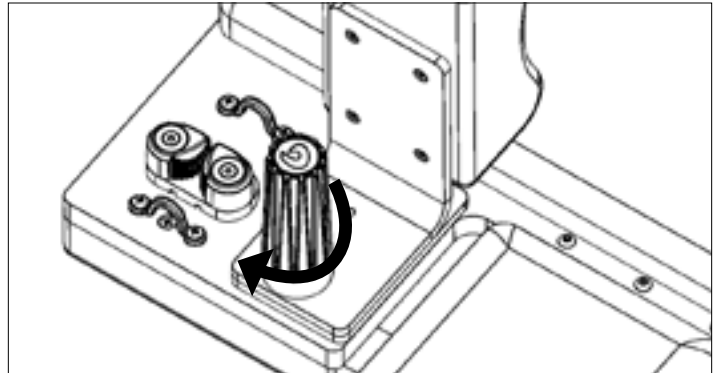


Figure E

ATTACH THE SPRINGS TO THE UNDERSIDE OF THE CARRIAGE

1. Locate the bracket with five eyebolts attached beneath the carriage. Hook the springs onto the eyebolts. The hook should be facing down.
2. The bodies of the springs should rest on the flat, padded brace under the carriage (Figure F).



Figure F

INSTALL THE SPRINGBAR

3. If your Reformer is configured with a no-roll springbar, install it into the "gears" under the footbar with its hooks facing up.

INSTALL THE RISERS

4. Remove the detent pin from the metal riser receiver and insert the riser with the pulley facing the carriage. Re-insert the detent pin to set the desired riser height.

ATTACH THE ROPES

5. To attach the ropes, first engage at least one spring from the carriage to the springbar to stabilize the carriage. Unroll the ropes and separate them.
6. Clip a cotton loop onto the end of each rope and hang the loops on the shoulder rests. (Figure G.) Thread the other end of each rope through a pulley and back into the cam cleats on the carriage to adjust the length. Be sure to go through the chrome eyestraps on both sides of the cam cleats. Always push the rope firmly down into the cleats to ensure a good drip.



Figure G

USING THE EXTENSION STOPPER

To limit the carriage travel, insert the extension stopper into the desired hole in the top of the frame rail.

INSTALLING THE PLATFORM EXTENDER

To install the Studio Reformer Standing Platform Extender on a Reformer with an Infinity Footbar, first loosen the two black plastic knobs beneath the standing platform at the end of the frame. Adjust the footbar so that it is laying horizontally with the Reformer frame (Figure H)



Figure H

Gently lower the tongue of the Standing Platform Extender into the silver bracket on the inside of the frame. Gently tighten the black knobs on the outside of the frame. (Figure I).



Figure I

EASY TO USE PLUNGER LOCKOUT KNOBS

Balanced Body's Allegro® Reformer, and Clinical Reformer® and Studio Reformer® with Infinity footbars come with plunger lockout knobs that make adjusting and moving the Reformer footbar along the frame much easier.

To use, pull the plunger knob straight out so that the recessed cross-pin comes out of the slots as shown in Figure H. Then turn the knob so that the cross-pin rests on the bolt head as shown in Figure I. Repeat on other side.

With the knobs in the "locked out" position, reposition the footbar along the frame of your Reformer as desired. Then turn the knobs so that the cross-pin is once again recessed, firmly locking the footbar into its new position.

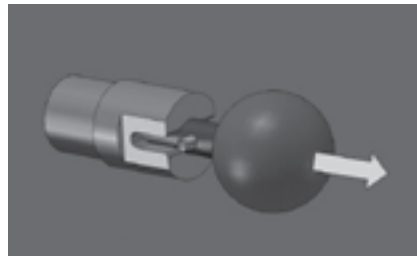


Figure J

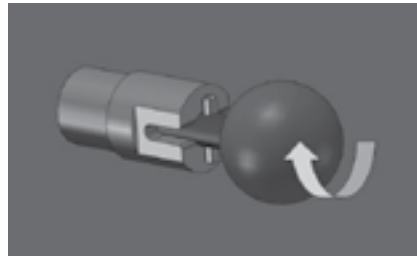


Figure K

INSTALLING THE JUMPBOARD ON A CLINICAL REFORMER WITH AN INFINITY FOOTBAR®

To install the jumpboard (regular or Jumpus Maximus) on a Reformer with an Infinity Footbar, first loosen the two black plastic knobs beneath the standing platform at the foot end of the frame.

Adjust the footbar to the 4th position from the end of the Reformer. Then adjust the footbar to the second highest vertical position (Figure L). Next, place the tongue of the jumpboard into the silver bracket on the inside of the frame. Finally, re-tighten the black knobs on the outside of the frame.



Figure L

If you have any questions, please call Balanced Body at 1-800-PILATES (1-800-745-2837) or +1-916-388-2838.

ADDITIONAL SAFETY AND USAGE

For additional usage and safety information or to view complete equipment manual translations (**USER GUIDE #15451**), please visit <https://www.pilates.com/store/faq-safety/>. For printed instructions, contact your seller.

Para obtener más información sobre el uso y la seguridad, o para ver las traducciones completas del manual (**GUIA DEL USUARIO #15451**), visite <https://www.pilates.com/store/faq-safety/>. Para obtener instrucciones impresas, comuníquese con su vendedor.

Pour plus d'informations sur l'utilisation et les consignes de sécurité ou pour consulter le manuel integral disponible (**GUIDA UTENTE #15451**), veuillez <https://www.pilates.com/store/faq-safety/>. Per le istruzioni stampate contatta il tuo venditore.

Per ulteriori informazioni sull'uso e sulla sicurezza, oppure per consultare le traduzioni complete del manuale, (**MODE D'EMPLOI #15451**) visitare <https://www.pilates.com/store/faq-safety/>. Pour obtenir des instructions imprimées, contactez votre vendeur.

Für zusätzliche Informationen zu Gebrauch und Sicherheit oder vollständige Übersetzungen der Gebrauchsanweisung (**BENUTZERHANDBUCH #15451**) besuchen <https://www.pilates.com/store/faq-safety/>. Für gedruckte Anweisungen wenden Sie sich an Ihren Verkäufer.

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